

June 3rd, 2023 3:00pm - 8:00pm  
Centennial Plaza



# Round Rock Pride

**Festival 2023**

**Mental Health Panel**



# Meet the Panelists



## Cheryl Young, LCSW- S

Cheryl Young (she/her) is a Licensed Clinical Social Worker Supervisor who has been with Family Eldercare since 2011. She is the Clinical Director of In-Home Counseling for older homebound adults and is one of the original therapists in that department, which currently includes 5 therapists and two mental health associates. She is also the Program Manager of Rainbow Connections ATX which was founded in May 2022. Cheryl received the 2022 Social Worker of the Year by Greater Austin Social Workers. To learn more about Rainbow Connections, please visit:

<https://www.rainbowconnectionsatx.org/>



## Monica Jurado Kelly, LCSW

Monica Jurado Kelly (she/her) is a queer, fat, Latina social worker and therapist in Round Rock, Texas. She is the owner of Ascend Counseling and Wellness, a liberation-focused therapy practice. As a person with multiple marginalized identities (woman, queer, fat, and Latinx), she is dedicated to helping others heal from the trauma of living in a white supremacist society. A cornerstone of her professional and personal values is examining the intersections of race and ethnicity, sexuality and gender identity, and body liberation. She welcomes opportunities to help people look behind the curtain and see various forms of oppression for the insidious, racist, patriarchal garbage heaps they are and learn how to heal from the damage it all causes. Monica loves hanging with her 2 pug mixes & partner, reading young adult fiction, and dancing badly in her living room. You can find her at <https://ascendcounselingwellness.com/>



## Marvin Hughes, LMFT Associate

Marvin Hughes (He/They) is a queer, Black, German American Marriage and Family Therapist in Austin, Tx, and is the owner of Affirming Minds Therapy. Marvin found his way into therapy through a desire to encourage other marginalized communities to access therapy with someone who can relate to their experiences. As a Black therapist, Marvin works towards cultivating a safe and warm environment to allow others to access their authenticity in a non judgemental environment. You may run into Marvin at local concerts, swimming at Barton Springs, or checking out the latest movies at the Alamo Drafthouse. You can find them at <https://affirmingmindstherapy.com>

*moderated by:*



## Ashley Taylor, LPC

Ashley (They/She) is a queer therapist specializing in anxiety, relationship challenges, and identity. They believe in living boldly and embracing one's values to fully embrace who they are without shame. Ashley is dedicated to empowering clients by exploring the past while grounding them in the present. They provide fierce support, challenge limiting beliefs, and restore self-confidence through curiosity, humor, and action. As a Round Rock Pride Board member, Ashley is actively involved in supporting and uplifting the LGBTQ+ community. Based in Round Rock, Texas, Ashley enjoys matcha lattes, outdoor adventures, and discovering the latest donut or taco spot. For more information, please visit: [www.AshleyTaylorCounseling.com](http://www.AshleyTaylorCounseling.com)

# Resources



## Crisis Hotlines:

- [LIFELINE](#) 988
- [The Gay, Lesbian, Bisexual and Transgender National Hotline](#) 1-888-843-4564
- [The Trevor Project \[LGBTQ Youth\]](#) 1-866-488-7386
- [Trans Lifeline](#) 877-565-8860

## How to find a queer therapist:

<https://www.sanctuarycounselingaustin.com/blog/howtofindaqueertherapist>

## Therapist Directories:

- Inclusive Therapists: <https://www.inclusivetherapists.com/>
- Latinx Therapists: <https://latinxtherapy.com/>
- Therapy Den: <https://www.therapyden.com/>
- National Queer and Trans Therapists of Color Network: <https://nqttcn.com/en/mental-health-directory/>
- Open Path Psychotherapy Collective: <https://openpathcollective.org/>
- Psychology Today: <https://www.psychologytoday.com/us>
- Therapy for Black Girls: <https://therapyforblackgirls.com/>
- Therapy for Black Men: <https://therapyforblackmen.org/>
- Asian Mental Health Collective : <https://www.asianmhc.org/>

## Queer Social Online Resources:

- OutYouth: <https://www.outyouth.org/calendar>
- The Q Austin: <https://www.instagram.com/theqaustin/>
- The QT Calendar Austin: <https://www.instagram.com/qtcalendaraustin/>
- Meetup: <https://www.meetup.com/>
- Allgo: <https://allgo.org/>
- TGQ Social: <https://www.facebook.com/TGQSocial/>

## Additional Resources:

- Pronouns: <https://pronouns.org/>
- Gender Spectrum: <https://genderspectrum.org/>
- Equality Texas: <https://www.equalitytexas.org/>
- PFLAG: <https://pflag.org/>
- GLSEN: <https://www.glsen.org/>
- Transgender Education Network of Texas (TENT): <https://www.transtexas.org/>